

Heart Strings Pullover

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Revised 2019

Difficulty Level: Intermediate

Size: Girls, size 8

Chest Measurement: 26 inches

Finished Chest Measurement: 32 inches

Materials:

Knitting Needles: Sizes 5 and 7 (U.S.)

(or size needed to obtain gauge)

Worsted Weight Yarn (3.5 oz skeins):

Light Pink: 4 skeins

White: 1 skein

Ribbon: 1/4-inch wide, white

Stitch markers

Stitch holder

Gauge: 4 ½ sts/inch on size 7 needles and stockinette stitch



Instructions:

Note: When working from the charts, only the right side rows are shown; all sts are purled on wrong side rows.

Front:

With size 5 needles and white, cast on 72 sts.

Row 1 (right side): *k1,p1; rep from * to end.

Row 2: *p1, k1; rep from * to end.

Repeat rows 1 and 2 for two inches, ending with a right side row.

Next row: Rib 6, *inc 1, rib 10; rep from * to last 6 sts. Rib 6. (79 sts)

Body:

Row 1: Attach Pink and change to size 7 needles. Knit 15, begin with row 1 of Lightning Lace Panel, k4, (work row 1 of Lattice Panel, k5) twice, work row 1 of Lattice Panel, k4 begin with row 9 of Lightning Lace Panel, k15.

Row 2 (and all wrong side rows): purl.

Work even in pattern as set with rows 1 and 2, continuing to follow each chart. Markers may be placed between each motif, if desired.

When center Lattice Motif has been repeated 15 times, on next right side row, knit across center Lattice sts, increasing 1 st in the middle. (80 sts) These sts will now be worked in stockinette st

Work other two Lattice Motifs for a total of 19 repeats, and on next right side row, knit across these Lattice sts, inc 1 st in the middle of each. (82 sts) These sts will also now be worked in stockinette stitch.

Continue to work even in set pattern until piece measures 10 ½ inches. To place markers for heart motif, k15, work next row of Lightning Panel, k2, place a marker, begin with row 1 of Heart Motif, place another marker, k2, work next row of Lightning Panel, k15.

Continue to work even in pattern as now set, working Heart Motif between markers, until piece measures 12 ½ inches.

Armhole Shaping:

Keeping in set pattern, bind off 6 sts at beg of next 2 rows.

Decrease 1 st each side of every right side row 7 times. (56 sts), stopping Lightning Panels at 5 ½ repeats, and work in stockinette stitch above each panel.

Continue to work even, working stockinette stitch above Heart Motif after completing graph, until piece measures 17 inches. End by working a wrong side row.

Neck Shaping:

Knit across 22 sts. Bind off center 12 sts. Knit to end.

Right Neck Edge:

Row 1: p20, p2tog.

Row 2: Bind off 3 sts, k17.

Rows 3,4,5: Dec 1 st at neck edge.

Rows 6,8,10,12: purl.

Rows 7,9,11: Dec 1 st at neck edge.

Work 1 row even. Bind off rem 12 sts.

Left Neck Edge:

With wrong side facing: attach yarn to rem sts.

Row 1: Bind off 3 sts, p 18.

Rows 2,3,4,5: Dec 1 st at neck edge.

Rows 6,8,10,12: Purl.

Rows 7,9,11: Dec 1 st at neck edge.

Work 1 row even. Bind off rem 12 sts.

Back:

Work same as Front, except omit Heart Motif. All other panels are worked for the same number of repeats as on the Front.

After Armhole Shaping, work even until piece measures 19 inches. Bind off 12 sts at the beg of next two rows, and place rem sts on a stitch holder.

Sleeve (make two):

With White and size 5 needles, cast on 32 sts. Work in k1, p1, ribbing until rib measures 2 ½ inches. End by working a right side row.

Next row: k4, *inc 1 st, k3; rep from * to last 4 sts, k4. (41 sts)

Change to size 7 needles and Pink.

Row 1 (right side): k5, begin working row 1 of Lightning Panel, k3, begin working row 1 of Lattic Panel, k3, begin working row 9 of Lightning Panel, k5.

Row 2 (and all wrong side rows): purl.

Repeat these two rows in pattern as set, continuing to follow each chart, and increasing 1 st each side every 5th row until there are 72 sts on needle. End Lattice Panel after 17 repeats, and inc 1 st at Center of Lattice Panel on next row, and then working stockinette stitch above the panel. ALSO, end Lightning Panels after 5 repeats, and continue in stockinette stitch until Sleeve measures 15 inches.

Shape Sleeve Cap: Bind off 6 sts at beg of next 2 rows.

Decrease 1 st each side every 3 rows, 11 times.

Decrease 1 sts each side every 2 rows, 6 times.

Work 2 rows even.

Bind off rem 26 sts.

Threading Ribbon:

Cut eight 24-inch long pieces of ribbon. Starting at top of each lattice on Front, Back, and Sleeves, thread ribbon down through the lattice on one side, and back up the other, with ends coming out on the right side at the top of each lattice. Tie into a bow, and trim ends to the length desired.

Cut a 10-inch piece of ribbon. Tie into a bow around center top of heart motif. Trim ends to length desired.

Neck Ribbing:

Sew Left Shoulder seam. With smaller needles and white, pick up and knit 32 sts off stitch holder on Back, 20 sts along Left Front Neck, 12 sts along center Front, 21 sts along Right Front Neck. (85 sts) Work in k1, p1, ribbing for 1 ¼ inches. With size 7 needles, bind off loosely. Sew right shoulder seam and ribbing.

Attaching Sleeve:

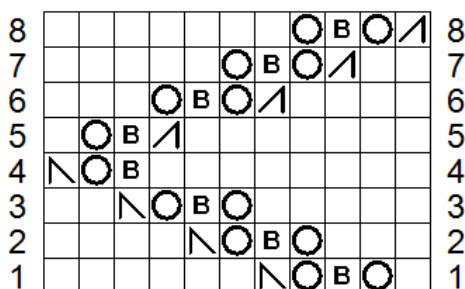
Fold top of sleeve in half, right sides together. Sew. Turn right side out, and sew sleeve cap into armhole (the sewn seam at top of sleeve will stick out from shoulder). Once sleeve cap is sewn into armhole, bring outer pointy edge of sewn seam to meet shoulder and cap seam and tack in place.

Sew side and sleeve seams.














Lattice Panel:

1  1

Lightning Panel :



Key:

-  knit
-  YO
-  K thru back loop
-  k2tog
-  ssk
-  k3tog
-  k3tog thru back loop
-  sl2 as if to k2tog, k1, p2sso
-  ignore this square and do nothing
-  increase one stitch
-  sl 3 sts with yarn in back, *pass 2nd st on needle over 1st, slip to left needle, pass 2nd st on left over, slip back; rep from *, then knit the stitch.
-  sl 1, k2tog, pssso
-  slip 3 sts, bring yarn to front of work, slip sts back to RH needle, take yarn to back of work and k3.

Heart Motif:

